

## BOOK FOUR FOOTNOTES

### 1. SUFFER FOOLS GLADLY CHAPTER 1

*Gorilla Speaks Message to the Naked Ones* Martin Dronsfield

### 2. AYRES AND VICTORIA CHAPTER 3

There are many humans who are concerned with our rights. There are many others who are not. We should be able to appoint appropriate individuals to speak for animals in certain circumstances, just as we appoint guardians for certain infants. Laurence Tribe

All people dream, but not equally. Those who dream by night in the dusty recesses of their mind, wake in the day to find that it was vanity. But the dreamers of the day are dangerous people, for they may act their dream with open eyes to make it possible. T. E. Lawrence

### 3. SHILLI NAMIBIA CHAPTER 4

*Graphotherapeutics* Paul and Kathi De Saint Colombe  
*Changing Your Life by Changing Your Handwriting* Kathi De Sainte Colombe.

### 4. ASHA INDIA CHAPTER 7

*The Back Flower Remedies.* Edward Bach

### 5. SAMUEL LEBANON CHAPTER 8

No matter how scared, or tired, or ill you are, no matter how lost, or confused, or desperate you become, no matter how lonely, depressed or cranky you feel.....just do what you can with what you have, from right where you are, it will always be enough. Mike Dooley

### 6. BHUTAN CHAPTER 10

Excessive preoccupation with ourselves does not lead to real knowledge of ourselves. Happiness depends, instead, on gaining freedom from this particular kind of self concern. In our opinion, minimizing of self concern is also an important step in the process of constructing a happier web of human relationships, and of transforming man into a less intrusive and destructive force in our natural and human environments. *The Blessings of Bhutan.* Russ and Blyth Carpenter

### 7. JUDICIUM CHAPTER 12

We must exhibit courage equal to the size of our difficulties. Tenzin Gyatso, 14<sup>th</sup> Dalai Lama

